



# healthcare product guide

easy-to-prepare,  
nutritious  
foods

Land O'Lakes offers exceptional variety and quality for your menus. Feel good about serving great-tasting and nutritious options that satisfy a full range of dietary requirements in all foodservice settings.

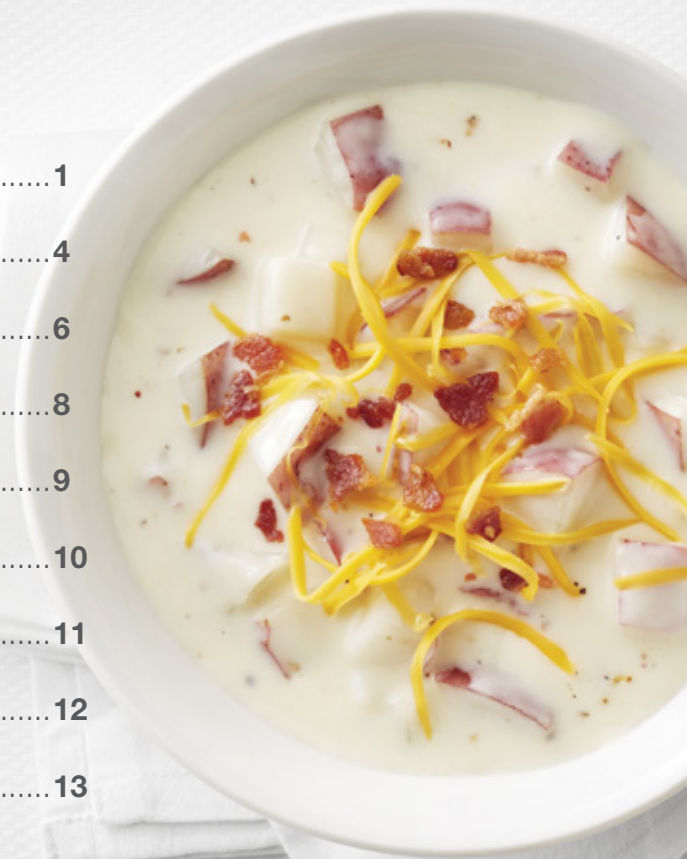


**FOODSERVICE**

Simple goodness, made simple.

# table of contents

<b>KOZY SHACK® PUDDING .....</b>	<b>1</b>
<b>KOZY SHACK® GELS .....</b>	<b>4</b>
<b>ALPINE LACE® and LAND O LAKES® CHEESE .....</b>	<b>6</b>
<b>LAND O LAKES® PERFORMANCE CHEESE .....</b>	<b>8</b>
<b>LAND O LAKES® SPEED SCRATCH SAUCES .....</b>	<b>9</b>
<b>LAND O LAKES® READY-TO-USE SAUCES .....</b>	<b>10</b>
<b>LAND O LAKES® BUTTER .....</b>	<b>11</b>
<b>LAND O LAKES® SPREADS .....</b>	<b>12</b>
<b>LAND O LAKES® TABLETOP .....</b>	<b>13</b>



## top-performing foods for healthcare

Our products support the nutritional goals of your healthcare facility, providing delicious cheeses, sauces, condiments, puddings and gels in convenient formats, individual portions and bulk containers. Make your foodservice menus complete with pleasing, high-quality choices from Land O'Lakes.

### **EASY SOLUTIONS FOR YOUR KITCHEN**

Your staff will appreciate our array of great-tasting, no-prep and low-prep foods.

### **WHOLESOME AND SATISFYING NUTRITION**

We use simple, wholesome ingredients to make products that are nutritious and flavorful, for widespread appeal.

### **SOLUTIONS FOR SPECIFIC DIETARY NEEDS, INCLUDING:**

- Gluten Free
- Sugar Free
- Fat Free
- Kosher
- Reduced Fat
- Reduced Sodium
- No-Sugar Added



## Kozy Shack® Pudding

Great-tasting, nutritious choices made with wholesome ingredients and no artificial preservatives or flavors. Kozy Shack® Pudding is gluten free, kosher and available with no sugar added.

### Kozy Shack® Pudding

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
03135	Kozy Shack® Chocolate Pudding	30 days	48/4 oz.	12 lbs.
03145	Kozy Shack® Vanilla Pudding	30 days	48/4 oz.	12 lbs.
03015	Kozy Shack® Rice Pudding	30 days	48/4 oz.	12 lbs.
03125	Kozy Shack® Tapioca Pudding	30 days	48/4 oz.	12 lbs.
03155	Kozy Shack® Custard	30 days	48/4 oz.	12 lbs.



03135 - Kozy Shack® Chocolate Pudding



03145 - Kozy Shack® Vanilla Pudding



03015 - Kozy Shack® Rice Pudding



03125 - Kozy Shack® Tapioca, 4oz



03155 - Kozy Shack® Custard, 4oz

Nutrition Facts	
Serving Size 1 Snack Cup (113g)	
Amount Per Serving	
<b>Calories 130</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 140mg</b>	<b>6%</b>
<b>Total Carbohydrate 24g</b>	<b>8%</b>
<b>Dietary Fiber 1g</b>	<b>4%</b>
<b>Sugars 19g</b>	
<b>Protein 3g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 4%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Reduced Fat Milk, Sugar, Modified Tapioca Starch, Contains Less Than 2% of Cocoa (processed with alkali), Salt, Carrageenan, Maltodextrin, Natural Flavors.  
Contains: Milk

Nutrition Facts	
Serving Size 1 Snack Cup (113g)	
Amount Per Serving	
<b>Calories 120</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 140mg</b>	<b>6%</b>
<b>Total Carbohydrate 22g</b>	<b>7%</b>
<b>Dietary Fiber 0g</b>	<b>0%</b>
<b>Sugars 18g</b>	
<b>Protein 3g</b>	
<b>Vitamin A 2%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Reduced Fat Milk, Sugar, Modified Tapioca Starch, Contains Less Than 2% of Eggs, Natural Flavors, Salt, Carrageenan, Maltodextrin, Annatto Extract (color).  
Contains: Milk, Eggs

Nutrition Facts	
Serving Size 1 Snack Cup (113g)	
Amount Per Serving	
<b>Calories 120</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
<b>Saturated Fat 1g</b>	<b>5%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 125mg</b>	<b>5%</b>
<b>Total Carbohydrate 21g</b>	<b>7%</b>
<b>Dietary Fiber 0g</b>	<b>0%</b>
<b>Sugars 14g</b>	
<b>Protein 4g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Reduced Fat Milk, Rice, Sugar, Contains Less Than 2% of Eggs, Salt, Natural Flavors.  
Contains: Milk, Eggs

Nutrition Facts	
Serving Size 4 oz (113g)	
Amount Per Serving	
<b>Calories 120</b>	<b>Calories from Fat 15</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
<b>Saturated Fat 1g</b>	<b>5%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 130mg</b>	<b>5%</b>
<b>Total Carbohydrate 22g</b>	<b>7%</b>
<b>Dietary Fiber 0g</b>	<b>0%</b>
<b>Sugars 16g</b>	
<b>Protein 3g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Reduced Fat Milk, Sugar, Tapioca, Egg Whites, Modified Tapioca Starch, Contains Less Than 2% of Natural Flavors, Salt, Annatto Extract (color).  
Contains: Milk, Eggs

Nutrition Facts	
Serving Size 1 Snack Cup (113g)	
Amount Per Serving	
<b>Calories 120</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2.5g</b>	<b>4%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 100mg</b>	<b>4%</b>
<b>Total Carbohydrate 18g</b>	<b>6%</b>
<b>Dietary Fiber 0g</b>	<b>0%</b>
<b>Sugars 17g</b>	
<b>Protein 6g</b>	
<b>Vitamin A 2%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Reduced Fat Milk, Sugar, Whey Protein Concentrate, Egg Whites, Contains Less Than 2% of Modified Tapioca Starch, Natural Flavors, Carrageenan, Locust Bean Gum, Pectin, Eggs, Sodium Tripolyphosphate, Salt, Annatto Extract (color).  
Contains: Milk, Eggs

## Kozy Shack® Simply Well® No Sugar Added Pudding

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
00050	Kozy Shack® Simply Well® No Sugar Added Chocolate Pudding	30 days	48/4 oz.	12 lbs.
00049	Kozy Shack® Simply Well® No Sugar Added Vanilla Pudding	30 days	48/4 oz.	12 lbs.
00052	Kozy Shack® Simply Well® No Sugar Added Rice Pudding	30 days	48/4 oz.	12 lbs.
00051	Kozy Shack® Simply Well® No Sugar Added Tapioca Pudding	30 days	48/4 oz.	12 lbs.



00050 - Kozy Shack® Simply Well® No Sugar Added Chocolate Pudding

Nutrition Facts	
Serving Size 1 snack cup (113g)	
Amount Per Serving	
<b>Calories 90</b>	<b>Calories from Fat 25</b>
% Daily Value*	
<b>Total Fat 2.5g</b>	<b>4%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 160mg</b>	<b>7%</b>
<b>Total Carbohydrate 13g</b>	<b>4%</b>
<b>Dietary Fiber 3g</b>	<b>12%</b>
<b>Sugars 5g</b>	
<b>Protein 4g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 4%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**

Reduced Fat Milk, Modified Tapioca Starch, Inulin, Cocoa (processed with alkali), Contains Less Than 2% of Salt, Natural Flavors, Sucralose, Carrageenan, Maltodextrin.

**Contains: Milk**



00049 - Kozy Shack® Simply Well® No Sugar Added Vanilla Pudding

Nutrition Facts	
Serving Size 1 Snack Cup (113g)	
Amount Per Serving	
<b>Calories 90</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 125mg</b>	<b>5%</b>
<b>Total Carbohydrate 13g</b>	<b>4%</b>
<b>Dietary Fiber 3g</b>	<b>12%</b>
<b>Sugars 5g</b>	
<b>Protein 3g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**

Reduced Fat Milk, Modified Tapioca Starch, Inulin, Contains Less Than 2% of Natural Flavors, Salt, Sucralose, Carrageenan, Maltodextrin, Annatto Extract (color).

**Contains: Milk**



00052 - Kozy Shack® Simply Well® No Sugar Added Rice Pudding

Nutrition Facts	
Serving Size 1 snack cup (113g)	
Amount Per Serving	
<b>Calories 90</b>	<b>Calories from Fat 15</b>
% Daily Value*	
<b>Total Fat 1.5g</b>	<b>2%</b>
<b>Saturated Fat 1g</b>	<b>5%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 140mg</b>	<b>6%</b>
<b>Total Carbohydrate 14g</b>	<b>5%</b>
<b>Dietary Fiber 2g</b>	<b>8%</b>
<b>Sugars 5g</b>	
<b>Protein 4g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**

Reduced Fat Milk, Rice, Inulin, Contains Less Than 2% of Eggs, Salt, Natural Flavors, Sucralose.

**Contains: Milk, Eggs**



00051 - Kozy Shack® Simply Well® No Sugar Added Tapioca Pudding

Nutrition Facts	
Serving Size 1 snack cup (113g)	
Amount Per Serving	
<b>Calories 90</b>	<b>Calories from Fat 10</b>
% Daily Value*	
<b>Total Fat 1.5g</b>	<b>2%</b>
<b>Saturated Fat 1g</b>	<b>5%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 135mg</b>	<b>6%</b>
<b>Total Carbohydrate 14g</b>	<b>5%</b>
<b>Dietary Fiber 3g</b>	<b>12%</b>
<b>Sugars 5g</b>	
<b>Protein 3g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**

Reduced Fat Milk, Tapioca, Egg Whites, Inulin, Modified Tapioca Starch, Contains Less Than 2% of Natural Flavors, Salt, Sucralose, Annatto Extract (color).

**Contains: Milk, Eggs**

**QUICK TIP**

Individual cups make a convenient addition to the patient tray and a delicious grab and go snack option in retail operations.

Kozy Shack® Pudding is a handy snack at the nurses station.

## Kozy Shack® Pudding

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
73010	Kozy Shack® Chocolate Pudding, Bulk	30 days	2/4 lbs.	8 lbs.
73000	Kozy Shack® Tapioca Pudding, Bulk	30 days	2/4 lbs.	8 lbs.
73055	Kozy Shack® Rice Pudding, Bulk	30 days	2/4 lbs.	8 lbs.



73010 - Kozy Shack® Chocolate Pudding, Bulk

Nutrition Facts	
Serving Size 1/2 cup (129g)	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2.5g</b>	<b>4%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 160mg</b>	<b>7%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
<b>Dietary Fiber 1g</b>	<b>4%</b>
<b>Sugars 22g</b>	
<b>Protein 4g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 15%</b>	<b>Iron 4%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
<b>Total Fat</b>	Less than 65g 80g
<b>Saturated Fat</b>	Less than 20g 25g
<b>Cholesterol</b>	Less than 300mg 300mg
<b>Sodium</b>	Less than 2,400mg 2,400mg
<b>Total Carbohydrate</b>	300g 375g
<b>Dietary Fiber</b>	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**

Reduced Fat Milk, Sugar, Modified Tapioca Starch, Contains Less Than 2% of Cocoa (processed with alkali), Salt, Carrageenan, Maltodextrin, Natural Flavors.

**Contains: Milk**



73000 - Kozy Shack® Tapioca Pudding, Bulk

Nutrition Facts	
Serving Size 1/2 cup (129g)	
Amount Per Serving	
<b>Calories 130</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 150mg</b>	<b>6%</b>
<b>Total Carbohydrate 25g</b>	<b>8%</b>
<b>Dietary Fiber 0g</b>	<b>0%</b>
<b>Sugars 19g</b>	
<b>Protein 4g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
<b>Total Fat</b>	Less than 65g 80g
<b>Saturated Fat</b>	Less than 20g 25g
<b>Cholesterol</b>	Less than 300mg 300mg
<b>Sodium</b>	Less than 2,400mg 2,400mg
<b>Total Carbohydrate</b>	300g 375g
<b>Dietary Fiber</b>	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**

Reduced Fat Milk, Sugar, Tapioca, Egg Whites, Modified Tapioca Starch, Contains Less Than 2% of Natural Flavors, Salt, Annatto Extract (color).

**Contains: Milk, Eggs**



73055 - Kozy Shack® Rice Pudding, Bulk

Nutrition Facts	
Serving Size 1/2 Cup (129g)	
Amount Per Serving	
<b>Calories 130</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2.5g</b>	<b>4%</b>
<b>Saturated Fat 1.5g</b>	<b>8%</b>
<b>Trans Fat 0g</b>	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 140mg</b>	<b>6%</b>
<b>Total Carbohydrate 24g</b>	<b>8%</b>
<b>Dietary Fiber 0g</b>	<b>0%</b>
<b>Sugars 15g</b>	
<b>Protein 4g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 10%</b>	<b>Iron 0%</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
<b>Total Fat</b>	Less than 65g 80g
<b>Saturated Fat</b>	Less than 20g 25g
<b>Cholesterol</b>	Less than 300mg 300mg
<b>Sodium</b>	Less than 2,400mg 2,400mg
<b>Total Carbohydrate</b>	300g 375g
<b>Dietary Fiber</b>	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**

Reduced Fat Milk, Rice, Sugar, Contains Less Than 2% of Eggs, Salt, Natural Flavors.

**Contains: Milk, Eggs**

**QUICK TIP**

Bulk pudding has unlimited serving possibilities. Scoop to portion and finish with a wide variety of toppings such as:

- Fresh Berries
- Sliced Almonds
- Mint Leaves
- Whipped Topping
- Toasted Coconut
- Shaved Chocolate
- Granola



Cashew Ginger Tapioca

For more serving suggestions, visit [landolakesfoodservice.com](http://landolakesfoodservice.com)

## Kozy Shack® SmartGels®

A delicious addition to patient trays and grab and go snacks in retail operations, Kozy Shack® SmartGels® do not contain artificial preservatives and are vegan, kosher, and gluten-free.

### Kozy Shack® SmartGels® Naturally Flavored Gels

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
03220	Kozy Shack® Orange SmartGels®	60 days	48/3.5 oz.	10.5 lbs.
03240	Kozy Shack® Strawberry SmartGels®	60 days	48/3.5 oz.	10.5 lbs.
03200	Kozy Shack® Cherry SmartGels®	60 days	48/3.5 oz.	10.5 lbs.
03250	Kozy Shack® Tropical SmartGels®	60 days	48/3.5 oz.	10.5 lbs.



03220 - Kozy Shack® Orange SmartGels® Naturally Flavored Gels

Nutrition Facts	
Serving Size 1 snack cup (99g)	
Amount Per Serving	
<b>Calories 80</b>	<b>Calories from Fat 0</b>
% Daily Value*	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
<b>Total Carbohydrate 21g</b>	<b>7%</b>
Dietary Fiber 0g	0%
Sugars 20g	
<b>Protein 0g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Water, Sugar, Contains Less Than 2% of Natural Flavor, Carrageenan, Locust Bean Gum, Potassium Citrate, Citric Acid, Beta Carotene and Fruit and Vegetable Juice Concentrates (color), Fumaric Acid.



03240 - Kozy Shack® Strawberry SmartGels® Naturally Flavored Gels

Nutrition Facts	
Serving Size 1 snack cup (99g)	
Amount Per Serving	
<b>Calories 80</b>	<b>Calories from Fat 0</b>
% Daily Value*	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
<b>Total Carbohydrate 22g</b>	<b>7%</b>
Dietary Fiber 0g	0%
Sugars 20g	
<b>Protein 0g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Water, Sugar, Contains Less Than 2% of Natural Flavor, Carrageenan, Locust Bean Gum, Potassium Citrate, Citric Acid, Fruit and Vegetable Juice Concentrates (color), Fumaric Acid.



03200 - Kozy Shack® Cherry SmartGels® Naturally Flavored Gels

Nutrition Facts	
Serving Size 1 snack cup (99g)	
Amount Per Serving	
<b>Calories 80</b>	<b>Calories from Fat 0</b>
% Daily Value*	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
<b>Total Carbohydrate 21g</b>	<b>7%</b>
Dietary Fiber 0g	0%
Sugars 20g	
<b>Protein 0g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Water, Sugar, Contains Less Than 2% of Fruit and Vegetable Juice Concentrates (color), Natural Flavor, Citric Acid, Carrageenan, Locust Bean Gum, Potassium Citrate, Fumaric Acid.



03250 - Kozy Shack® Tropical SmartGels® Naturally Flavored Gels

Nutrition Facts	
Serving Size 1 snack cup (99g)	
Amount Per Serving	
<b>Calories 80</b>	<b>Calories from Fat 0</b>
% Daily Value*	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
<b>Total Carbohydrate 21g</b>	<b>7%</b>
Dietary Fiber 1g	4%
Sugars 20g	
<b>Protein 0g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Water, Sugar, Contains Less Than 2% of Natural Flavor, Carrageenan, Locust Bean Gum, Potassium Citrate, Citric Acid, Beta Carotene (color), Fumaric Acid.

**QUICK TIP**

Orange and tropical flavors can be served to patients prior to imaging tests.

**Kozy Shack® SmartGels® Naturally Flavored Sugar Free Gels**

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
03360	Kozy Shack® Sugar Free Orange SmartGels®	60 days	48/3.5 oz.	10.5 lbs.
03370	Kozy Shack® Sugar Free Strawberry SmartGels®	60 days	48/3.5 oz.	10.5 lbs.
03380	Kozy Shack® Sugar Free Tropical SmartGels®	60 days	48/3.5 oz.	10.5 lbs.



03360 - Kozy Shack® Sugar Free Orange SmartGels® Naturally Flavored Gels

Nutrition Facts		
Serving Size 1 snack cup (99g)		
Amount Per Serving		
Calories 10	Calories from Fat 0	
	% Daily Value*	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 10mg	0%	
Total Carbohydrate 2g	1%	
Dietary Fiber 1g	4%	
Sugars 0g		
Protein 0g		
Vitamin A 0%	• Vitamin C 0%	
Calcium 2%	• Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Saturated Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

**Ingredients**

Water, Contains Less Than 2% of Natural Flavor, Carrageenan, Locust Bean Gum, Potassium Citrate, Citric Acid, Aspartame, Beta Carotene and Fruit and Vegetable Juice Concentrates (color)\*, Fumaric Acid.

\*Adds a Trivial Amount of Sugar.

**Phenylketonurics: Contains Phenylalanine**



03370 - Kozy Shack® Sugar Free Strawberry SmartGels® Naturally Flavored Gels

Nutrition Facts		
Serving Size 1 snack cup (99g)		
Amount Per Serving		
Calories 10	Calories from Fat 0	
	% Daily Value*	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 10mg	0%	
Total Carbohydrate 3g	1%	
Dietary Fiber 1g	4%	
Sugars 0g		
Protein 0g		
Vitamin A 0%	Vitamin C 0%	
Calcium 0%	Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Saturated Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

**Ingredients**

Water, Contains Less Than 2% of Natural Flavor, Carrageenan, Locust Bean Gum, Potassium Citrate, Citric Acid, Aspartame, Beta Carotene and Fruit and Vegetable Juice Concentrates (color)\*, Fumaric Acid.

\*Adds a Trivial Amount of Sugar.

**Phenylketonurics: Contains Phenylalanine**



03380 - Kozy Shack® Sugar Free Tropical SmartGels® Naturally Flavored Gels

Nutrition Facts			
Serving Size 1 snack cup (99g)			
Amount Per Serving			
Calories 10		Calories from Fat 0	
		% Daily Value	
Total Fat 0g		0%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 10mg		0%	
Total Carbohydrate 2g		1%	
Dietary Fiber 1g		4%	
Sugars 0g			
Protein 0g			
Vitamin A 0%		Vitamin C 0%	
Calcium 2%		Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

**Ingredients**

Water, Contains Less Than 2% of Natural Flavor, Carrageenan, Locust Bean Gum, Potassium Citrate, Citric Acid, Aspartame, Beta Carotene (color), Fumaric Acid.

**Phenylketonurics: Contains Phenylalanine**



## Alpine Lace® and Land O Lakes® Cheese

The perfect combination of great taste and nutrition, these reduced fat and reduced sodium solutions make it easy for you to create nutritious meals without compromising on flavor.

### Reduced Fat

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
00301	Alpine Lace® RF Swiss Loaf	60 days	2/5 lbs.	10 lbs.
00302	Alpine Lace® RF Cheddar Loaf	60 days	2/5 lbs.	10 lbs.
00401	Alpine Lace® RF Read-Pac® Swiss Slices	60 days	8/1.5 lbs.	12 lbs.
00402	Alpine Lace® RF Read-Pac® Cheddar Slices	60 days	8/1.5 lbs.	12 lbs.
44751	LAND O LAKES® RF Mild Cheddar Cheese Cubes, Bulk	60 days	4/5 lbs.	20 lbs.



00301 - Alpine Lace® RF Swiss Loaf

Nutrition Facts	
Serving Size (28g)	
Amount Per Serving	
Calories 90	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 115mg	5%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 8g	
Vitamin A 4%	Vitamin C 0%
Calcium 25%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Reduced Fat Milk, Salt, Enzymes, \*Vitamin A Palmitate.

#### Contains: Milk

\*Not found in regular Swiss Cheese



00302 - Alpine Lace® RF Cheddar Loaf

Nutrition Facts	
Serving Size 1 slice (28g)	
Amount Per Serving	
Calories 90	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 190mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 7g	
Vitamin A 6%	Vitamin C 0%
Calcium 20%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color - if colored), \*Vitamin A Palmitate.

#### Contains: Milk

\*Not Found in Regular Cheddar Cheese



00401 - Alpine Lace® RF Read-Pac Swiss Slices

Nutrition Facts	
Serving Size 1 slice (21g)	
Amount Per Serving	
Calories 70	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 85mg	4%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 6g	
Vitamin A 4%	Vitamin C 0%
Calcium 20%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Reduced Fat Milk, Salt, Enzymes, \*Vitamin A Palmitate.

#### Contains: Milk

\*Not found in regular Swiss Cheese



00402 - Alpine Lace® RF Read-Pac Cheddar Slices

Nutrition Facts	
Serving Size 1 slice (21g)	
Amount Per Serving	
Calories 70	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 140mg	6%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color - if colored), \*Vitamin A Palmitate.

#### Contains: Milk

\*Not Found in Regular Cheddar Cheese



44751 - LAND O LAKES® RF Mild Cheddar Cheese Cubes, Bulk

Nutrition Facts	
Serving Size 1 oz. (28g)	
Amount Per Serving	
Calories 90	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 230mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 7g	
Vitamin A 6%	Vitamin C 0%
Calcium 20%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), \*Vitamin A Palmitate.

#### Contains: Milk

\*Not Found In Regular Cheddar Cheese.



## Reduced Fat &amp; Reduced Sodium

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
60106	Alpine Lace® RF/RS American Product Slices, 160 Yellow	60 days	4/5 lbs.	20 lbs.
60107	Alpine Lace® RF/RS American Product Slices, 160 White	60 days	4/5 lbs.	20 lbs.

## Reduced Sodium

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
46228	LAND O LAKES® RS American Slices, Yellow 184/46 Ribbon	60 days	6/5 lbs.	30 lbs.
46230	LAND O LAKES® RS American Slices, White 184/46 Ribbon	60 days	6/5 lbs.	30 lbs.



60106 - Alpine Lace®  
RF/RS American Product  
Slices, 160 Yellow

Nutrition Facts	
Serving Size 2 slices (28g)	
Amount Per Serving	
<b>Calories 70</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 310mg</b>	<b>13%</b>
<b>Total Carbohydrate 3g</b>	<b>1%</b>
Dietary Fiber 0g	0%
Sugars 2g	
<b>Protein 6g</b>	
Vitamin A 6%	Vitamin C 0%
Calcium 20%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

## Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, \*Whey Protein Concentrate, Milkfat, Contains Less Than 2% of Sodium and Potassium Citrate, Salt, Lactic Acid, Sorbic Acid (preservative), \*Milk Protein Concentrate, \*Xanthan Gum, \*Locust Bean Gum, \*Guar Gum, beta - Carotene and apo - Carotenal (color - if colored), \*Vitamin A Palmitate, Enzymes, Soy Lecithin and Soybean Oil Blend.

## Contains: Milk, Soy

\*Ingredients Not Found in regular pasteurized process American Cheese.



60107 - Alpine Lace®  
RF/RS American Product  
Slices, 160 White

Nutrition Facts	
Serving Size 2 slices (28g)	
Amount Per Serving	
<b>Calories 70</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol 15mg</b>	<b>5%</b>
<b>Sodium 310mg</b>	<b>13%</b>
<b>Total Carbohydrate 3g</b>	<b>1%</b>
Dietary Fiber 0g	0%
Sugars 2g	
<b>Protein 6g</b>	
Vitamin A 6%	Vitamin C 0%
Calcium 20%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

## Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, \*Whey Protein Concentrate, Milkfat, Contains Less Than 2% of Sodium and Potassium Citrate, Salt, Lactic Acid, Sorbic Acid (preservative), \*Milk Protein Concentrate, \*Xanthan Gum, \*Locust Bean Gum, \*Guar Gum, beta - Carotene and apo - Carotenal (color - if colored), \*Vitamin A Palmitate, Enzymes, Soy Lecithin and Soybean Oil Blend.

## Contains: Milk, Soy

\*Ingredients Not Found in regular pasteurized process American Cheese.



46228 -  
LAND O LAKES® RS  
American Slices,  
Yellow 184/46 Ribbon

Nutrition Facts	
Serving Size 2 slices (24g)	
Amount Per Serving	
<b>Calories 80</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 4g	20%
Trans Fat 0g	
<b>Cholesterol 20mg</b>	<b>7%</b>
<b>Sodium 250mg</b>	<b>10%</b>
<b>Total Carbohydrate 2g</b>	<b>1%</b>
Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein 4g</b>	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

## Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, Milkfat, Salt, Contains Less Than 2% Milk Protein Concentrate, Sodium and Potassium Citrates, Lactic Acid, Sorbic Acid (preservative), Artificial Color, Enzymes, Soy Lecithin and Soybean Oil Blend.

## Contains: Milk, Soy



46230 -  
LAND O LAKES® RS  
American Slices, White  
184/46 Ribbon

Nutrition Facts	
Serving Size 2 slices (24g)	
Amount Per Serving	
<b>Calories 80</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 4g	20%
Trans Fat 0g	
<b>Cholesterol 20mg</b>	<b>7%</b>
<b>Sodium 250mg</b>	<b>10%</b>
<b>Total Carbohydrate 2g</b>	<b>1%</b>
Dietary Fiber 0g	0%
Sugars 1g	
<b>Protein 4g</b>	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

## Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, Milkfat, Contains Less Than 2% Salt, Milk Protein Concentrate, Sodium Citrate, Potassium Citrate, Sodium Phosphate, Lactic Acid, Sorbic Acid (preservative), Enzymes, Soy Lecithin and Soybean Oil Blend (antisticking agent).

## Contains: Milk, Soy

## Land O Lakes® Performance Cheese

Melts easily, can withstand long hold times, and is easily transported to all parts of your operation. Bring the quality and flavor commercial restaurants use into your operations.

### Loaves

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
48153	Extra Melt® American Cheese, Yellow	60 days	6/5 lbs.	30 lbs.
48154	Extra Melt® American Cheese, White	60 days	6/5 lbs.	30 lbs.
42049	Extra Melt® Shredded Process American Cheese, Yellow	60 days	4/5 lbs.	20 lbs.
48775	Golden Velvet® Cheese Spread, Yellow	60 days	6/5 lbs.	30 lbs.
48769	Golden Velvet® Cheese Spread, White	60 days	6/5 lbs.	30 lbs.



48153 - Extra Melt®  
American Cheese, Yellow

Nutrition Facts	
Serving Size (28g)	
Amount Per Serving	
Calories 110	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 440mg	18%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 5g	
Vitamin A 6%	Vitamin C 0%
Calcium 15%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Water, Cream, Milkfat, Salt, Contains Less Than 2% of Sodium Phosphate, Artificial Color, Enzymes.

Contains: Milk



42049 - Extra Melt®  
Shredded Process  
American Cheese, Yellow

Nutrition Facts	
Serving Size 1/4 cup (28g)	
Amount Per Serving	
Calories 110	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 440mg	18%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 6g	
Vitamin A 6%	Vitamin C 0%
Calcium 15%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Cream, Salt, Contains Less Than 2% of Sodium Phosphate, Artificial Color, Enzymes, Powdered Cellulose (antikaking).

Contains: Milk



48775 - Golden Velvet®  
Cheese Spread, Yellow

Nutrition Facts	
Serving Size (28g)	
Amount Per Serving	
Calories 80	Calories from Fat 60
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 390mg	16%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 4g	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, Whey, Milkfat, Salt, Contains Less Than 2% of Sodium Phosphate, Guar Gum, Xanthan Gum, Lactic Acid, Artificial Color, Enzymes.

Contains: Milk

48769 - Golden Velvet®  
Cheese Spread, White

Nutrition Facts	
Serving Size (28g)	
Amount Per Serving	
Calories 80	Calories from Fat 60
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 390mg	16%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 4g	
Vitamin A 4%	Vitamin C 0%
Calcium 15%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, Whey, Milkfat, Salt, Contains Less Than 2% of Sodium Phosphate, Guar Gum, Xanthan Gum, Lactic Acid, Enzymes.

Contains: Milk

### QUICK TIP - EXTRA MELT®

The gold standard for back-of-house operations; easy to shred, slice and cube.

### QUICK TIP - GOLDEN VELVET®

For use in pastas, cheese dips, sauces and soups

# Land O Lakes® Speed Scratch Sauces

Made with real dairy, these refrigerated sauce bases won't separate over multiple heat and chill cycles, resulting in less waste and reduced prep time.

## Speed Scratch Sauces

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
15782	LAND O LAKES® Cream Sauce Base	45 days	8/2 lbs.	16 lbs.
15783	LAND O LAKES® Butter Sauce Base	45 days	8/2 lbs.	16 lbs.



15783 -  
LAND O LAKES®  
Butter Sauce Base

Nutrition Facts	
Serving Size 2 TBSP (28g)	
Amount Per Serving	
<b>Calories 110</b>	<b>Calories from Fat 100</b>
	% Daily Value*
<b>Total Fat 11g</b>	<b>17%</b>
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 105mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 10%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Ingredients

Butter (cream, salt), Water, Contains Less Than 2% of Sodium Caseinate, Whey Protein Concentrate, Natural Flavor, Xanthan Gum, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Polysorbate 60 (emulsifier), Polyglycerol Esters of Fatty Acids (emulsifier), Citric Acid, beta-Carotene (color), Soy Lecithin.

Contains: Milk, Soy



15782 -  
LAND O LAKES®  
Cream Sauce Base

Nutrition Facts	
Serving Size 2 TBSP (29g)	
Amount Per Serving	
<b>Calories 60</b>	<b>Calories from Fat 45</b>
	% Daily Value*
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 55mg	2%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 1g	
Vitamin A 4%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Ingredients

Cream, Lactose, Contains Less Than 2% of Sodium Caseinate, Whey Protein Concentrate, Guar Gum, Xanthan Gum, Salt, Citric Acid, Potassium Sorbate (preservative), Soy Lecithin.

Contains: Milk, Soy

## SERVING SUGGESTION

Use LAND O LAKES® Cream Sauce Base in place of mayonnaise, condensed cream soup, sour cream, or half and half to reduce calories, fat and sodium in both savory and sweet recipes.

- Tuna Salad
- Ranch Dressing
- Fruit Salads
- Creamy Soups
- Vanilla Cream Sauce

	Cream Sauce Base	Full-Fat Mayonnaise	Reduced Fat Mayonnaise
Calories	60	180	65
Fat	5 g	20 g	6.5 g
Sodium	55 mg	180mg	240mg

per 2 Tbsp serving size

## QUICK TIP - CREAM SAUCE BASE

Add to common menu items to add a creamy texture and lengthen hold times

- Scrambled Eggs
- Mashed Potatoes



## Land O Lakes® Ready-To-Use Sauces

Sauces that deliver consistent results through transport and long hold times.  
Versatile, convenient and packed with great flavor.

### Ready-To-Use Sauces

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
39050	Extra Melt™ White Cheese Sauce	60 days	6/5 lbs.	30 lbs.
48192	Queso Bravo® Cheese Dip, Yellow	60 days	6/5 lbs.	30 lbs.
48238	Queso Bravo® Cheese Dip, White	60 days	6/5 lbs.	30 lbs.
48297	Golden Velvet™ Yellow Cheese Sauce	60 days	6/5 lbs.	30 lbs.
39453	Alfredo Sauce	60 days	6/64 oz.	24 lbs.



39050 - Extra Melt™ White Cheese Sauce

Nutrition Facts	
Serving Size 1/4 cup (62g)	
Amount Per Serving	
Calories 180	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 8g	40%
Trans Fat 0.5g	
Cholesterol 40mg	13%
Sodium 730mg	30%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 9g	
Vitamin A 4%	Vitamin C 0%
Calcium 25%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Water, Cream, Contains Less Than 2% of Sodium Phosphate, Salt, Sorbic Acid (preservative), Xanthan Gum, Lactic Acid, Enzymes.

**Contains: Milk**



48192 - Queso Bravo® Cheese Dip, Yellow

Nutrition Facts	
Serving Size 2 TBSP (30g)	
Amount Per Serving	
Calories 70	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 380mg	16%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 4g	
Vitamin A 4%	Vitamin C 0%
Calcium 10%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Whey, Buttermilk, Milkfat, Contains Less Than 2% of Salt, Sodium Phosphate, Jalapeno Peppers, Red Bell Peppers, Vinegar, Sorbic Acid (preservative), Guar Gum, Xanthan Gum, Lactic Acid, Oleoresin Capsicum, Artificial Color, Enzymes.

**Contains: Milk**



48238 - Queso Bravo® Cheese Dip, White

Nutrition Facts	
Serving Size 2 TBSP (30g)	
Amount Per Serving	
Calories 70	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 380mg	15%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 3g	
Vitamin A 2%	Vitamin C 0%
Calcium 10%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, Water, Maltodextrin, Milkfat, Contains Less Than 2% of Salt, Sodium Phosphate, Jalapeno Peppers, Red Bell Peppers, Vinegar, Sorbic Acid (preservative), Guar Gum, Xanthan Gum, Lactic Acid, Oleoresin Capsicum, Artificial Color, Enzymes.

**Contains: Milk**



48297 - Golden Velvet™ Yellow Cheese Sauce

Nutrition Facts	
Serving Size 1/4 cup (62g)	
Amount Per Serving	
Calories 150	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 700mg	29%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Sugars 4g	
Protein 9g	
Vitamin A 6%	Vitamin C 0%
Calcium 25%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Cultured Pasteurized Milk and Skim Milk, Buttermilk, Whey, Cream, Contains Less Than 2% of Sodium Phosphate, Salt, Sorbic Acid (preservative), Xanthan Gum, Guar Gum, Lactic Acid, Artificial Color, Enzymes.

**Contains: Milk**



39453 - Alfredo Sauce

Nutrition Facts	
Serving Size 1/4 cup (62g)	
Amount Per Serving	
Calories 120	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 420mg	18%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 4g	
Vitamin A 6%	Vitamin C 0%
Calcium 10%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Skim Milk, Water, Cream, Cream Cheese (cream, nonfat dry milk, salt, enzymes), Parmesan Cheese (cultured milk, salt, enzymes), Romano Cheese (cultured milk, salt, enzymes), Butter (cream, salt), Food Starch - Modified, Contains Less Than 2% of Maltodextrin, Natural Flavors, Salt, Sodium Phosphate, Sodium Citrate, Cellulose Gum, Cellulose Gel, Vegetable Mono and Diglycerides, Spice.

**Contains: Milk**

## Land O Lakes® Butter

Serve the brand customers know and trust on your patient trays, in cafeterias and through catering. Made with real dairy for superior quality and taste.

### Tabletop Butter

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
19145	LAND O LAKES® Whipped But-R-Cups® Butter, Salted, 450/10g Cups	60 days	450/10 g.	10 lbs.
17460	LAND O LAKES® Butter Continentals, Salted, 800/7.6g	60 days	4/3.33 lbs.	13.33 lbs.
17470	LAND O LAKES® Butter Continentals, Unsalted, 800/7.6g	60 days	4/3.33 lbs.	13.33 lbs.



19145 - LAND O LAKES® Whipped But-R-Cups® Butter, Salted, 450/10g Cups

Nutrition Facts	
Serving Size 1 Portion (10g)	
Amount Per Serving	
Calories 70	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 6%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**  
Cream, Salt.  
**Contains: Milk**



17460 - LAND O LAKES® Butter Continentals, Salted, 800/7.6g

Nutrition Facts	
Serving Size 1 Portion (8g)	
Amount Per Serving	
Calories 60	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 4%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**  
Cream, Salt.  
**Contains: Milk**



17470 - LAND O LAKES® Butter Continentals, Unsalted, 800/7.6g

Nutrition Facts	
Serving Size 1 Portion (8g)	
Amount Per Serving	
Calories 60	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 4%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients**  
Cream, Natural Flavor.  
**Contains: Milk**

### QUICK TIP - BUTTER

The LAND O LAKES brand has one of the highest awareness levels for butter at 99%.<sup>1</sup>

## Land O Lakes® Spreads

LAND O LAKES® Fresh Buttery Taste® combines the rich taste of butter with the favorable cost of a blend.

### Tabletop Spreads

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
19705	Fresh Buttery Taste® Spread, 912/5g Cups	60 days	912/5 g.	10 lbs.
19711	Fresh Buttery Taste® Spread, 460/10g Cups	60 days	460/10 g.	10.14 lbs.
19714	Fresh Buttery Taste® Spread, 460/14g Cups	60 days	460/14 g.	14.2 lbs.



19705 - Fresh Buttery Taste® Spread, 912/5g Cups

Nutrition Facts	
Serving Size 2 portions (10g)	
Amount Per Serving	
<b>Calories 45</b>	<b>Calories from Fat 45</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein 0g</b>	
Vitamin A 8%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Water, Soybean Oil, Palm Oil, Palm Kernel Oil, Contains Less Than 2% of Salt, Butter (cream, salt), Distilled Monoglycerides, Potassium Sorbate and Sodium Benzoate (preservatives), Soy Lecithin, Lactic Acid, Natural and Artificial Flavor, Vitamin A Palmitate, beta - Carotene (color).

Contains: Milk, Soy



19711 - Fresh Buttery Taste® Spread, 460/10g Cups

Nutrition Facts	
Serving Size 1 portion (10g)	
Amount Per Serving	
<b>Calories 45</b>	<b>Calories from Fat 45</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein 0g</b>	
Vitamin A 8%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Water, Soybean Oil, Palm Oil, Palm Kernel Oil, Contains Less Than 2% of Salt, Butter (cream, salt), Distilled Monoglycerides, Potassium Sorbate and Sodium Benzoate (preservatives), Soy Lecithin, Lactic Acid, Natural and Artificial Flavor, Vitamin A Palmitate, beta - Carotene (color).

Contains: Milk, Soy



19714 - Fresh Buttery Taste® Spread, 460/14g Cups

Nutrition Facts	
Serving Size 1 portion (14g)	
Amount Per Serving	
<b>Calories 60</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 3g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein 0g</b>	
Vitamin A 10%	Vitamin C 0%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

#### Ingredients

Water, Soybean Oil, Palm Oil, Palm Kernel Oil, Contains Less Than 2% of Salt, Butter (cream, salt), Distilled Monoglycerides, Potassium Sorbate and Sodium Benzoate (preservatives), Soy Lecithin, Lactic Acid, Natural and Artificial Flavor, Vitamin A Palmitate, beta - Carotene (color).

Contains: Milk, Soy

### QUICK TIP

Individually portioned in crush-resistant packaging.





## Land O Lakes® Tabletop

Made with real ingredients and available in convenient individual 1 oz. portions. Serve your guests a brand they know and trust.

### Sour Cream & Cream Cheese

Product Code	Product Description	Guaranteed Shelf Life	Case Pack	Net. Wt.
44850	LAND O LAKES® Cream Cheese Cups, 100/1oz Portions	45 days	100/1 oz.	1 oz.
64407	LAND O LAKES® Fat Free Sour Cream, 100/1oz Portions	45 days	100/1 oz.	6.25 lbs.
64421	LAND O LAKES® Sour Cream, 100/1oz Portions	45 days	100/1 oz.	6.25 lbs.



44850 - LAND O LAKES®  
Cream Cheese Cups,  
100/1oz Portions

Nutrition Facts	
Serving Size: 1 oz (28g)	
Amount Per Serving	
<b>Calories</b> 100	Calories from Fat 80
% Daily Value*	
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>4%</b>
<b>Sodium</b> 100mg	<b>1%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 1g	
<b>Protein</b> 2g	
Vitamin A 4%	Vitamin C 0%
Calcium 2%	Iron 1%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

#### Ingredients

Pasteurized Milk And Cream, Cheese Culture, Salt, Stabilizers (Carob Bean And/Or Xanthan And/Or Guar Gums).

**Contains: Milk**



64407 - LAND O LAKES®  
Fat Free Sour Cream,  
100/1oz Portions

Nutrition Facts	
Serving Size: 1 container (28g/1oz)	
Amount Per Serving	
<b>Calories</b> 25	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 30mg	<b>1%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 2g	
<b>Protein</b> 2g	
Vitamin A 4%	Vitamin C 0%
Calcium 6%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

#### Ingredients

Cultured Nonfat Milk, Food Starch-Modified, Whey Protein Concentrate, Contains Less Than 2% Of Each of the Following: \*Cream, Maltodextrin, Food Starch, \*\*Artificial Color, Potassium Sorbate (Preservative), Cultured Dextrose, Sodium Phosphate, Guar Gum, Locust Bean Gum, Carrageenan, Gellan Gum, Vitamin A Palmitate.

**Contains: Milk**

\*Contributes A Trivial Amount Of Fat

\*\*Not Found In Regular Sour Cream

64421 - LAND O LAKES®  
Sour Cream,  
100/1oz Portions

Nutrition Facts	
Serving Size: 1 container (28g/1oz)	
Amount Per Serving	
<b>Calories</b> 50	Calories from Fat 45
% Daily Value*	
<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 30mg	<b>1%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 1g	
<b>Protein</b> 1g	
Vitamin A 4%	Vitamin C 0%
Calcium 4%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

#### Ingredients

Cultured Milk, Cream, Contains Less Than 1% Of Each of the Following: Whey Protein Concentrate, Food Starch-Modified, Sodium Phosphate, Maltodextrin, Cultured Dextrose, Sodium Citrate, Potassium Sorbate (Preservative), Gellan Gum, Carrageenan, Guar Gum, Calcium Sulfate, Locust Bean Gum.

**Contains: Milk**

---

# What matters to you, matters to us.

From Land O'Lakes' entrepreneurial beginnings in 1921, our farmer-owned food and agricultural cooperative has developed into a trusted, global name, built on a rich heritage of **integrity, taste** and **quality**. Our commitment to our local communities, and to responsible global practices, means that we're focused on **helping farmers** produce more food using **fewer resources** in an increasingly **sustainable manner**.

---



For more information about our farmer-owned co-operative,  
visit **landolakesinc.com**

For foodservice product information and further detailed nutritional information,  
visit **landolakesfoodservice.com**

Contact your Sales Representative | 1.800.328.1322 | [businessinfo@landolakes.com](mailto:businessinfo@landolakes.com)

